

SPICY CHICKEN STRIPS



2-4 Medium size Chicken breast cut into strips.

1 cup Flour

1/3 cup Olive or Canola Oil

1/2 cup crushed Saltine Cracker

1/2 cup Bread Crumbs (Plain)

2 scoops SIMPLE SALSA SEASONING

Mix Flour, Crackers, Bread Crumbs and SIMPLE SALSA Seasoning together and mix well. Coat chicken strips with oil and dip into flour mix.

Grease a 9 x 11 pan and place chicken strips into oven and bake for 30-45 minutes or until done

You can pan fry as well.